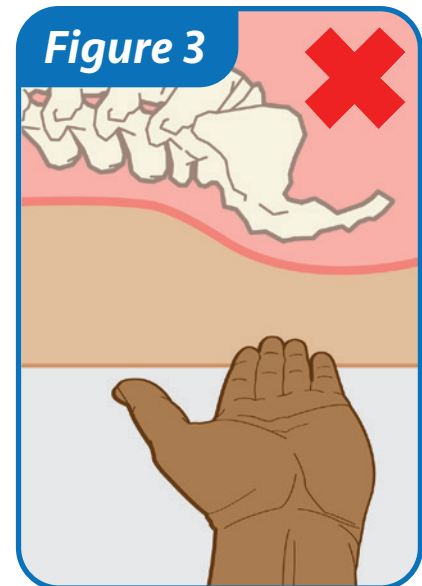
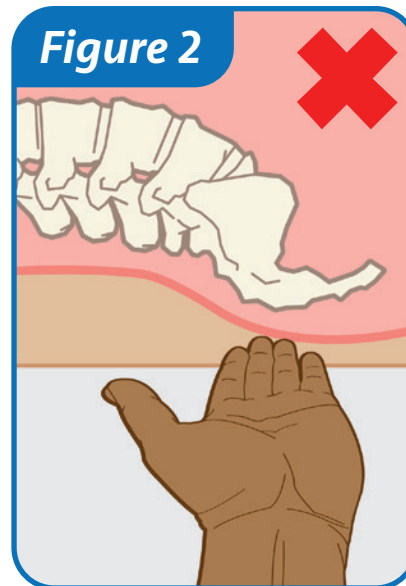
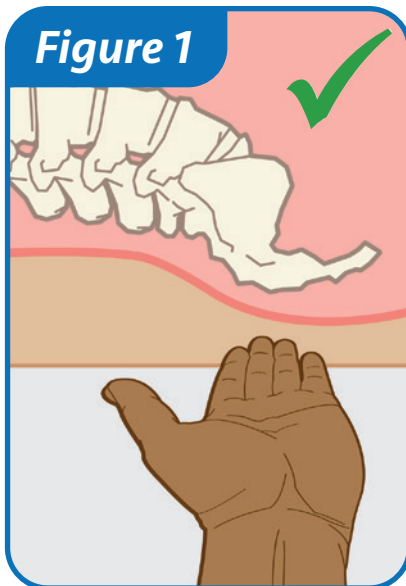


Hand Checks for Proper Inflation

Proper inflation is achieved when the WAFFLE[®] Overlay appears to be 60% inflated. This allows for the patient to immerse into the product, while adequately redistributing pressure over bony prominences to help reduce the risk of pressure injuries.



A hand check should be performed to ensure the patient is properly offloaded. Hand checks should be performed with the head of bed in the primary position for the patient.



1. Slide flat hand, palm side up, between the overlay and support surface, under the patient's sacral area.
2. If the patient is properly offloaded, your hand should easily slide beneath the patient, and you should notice approximately half an inch to one inch of air between the patient and the support surface. (Figure 1)
3. If it is difficult to slide your hand beneath the patient, or if the patient's sacral area is touching the support surface, additional strokes of air should be added to the overlay. (Figure 2)
4. If you cannot feel the patient's sacral area through the overlay, the overlay is over-inflated, and you will need to let air out by tapping the clear valve. (Figure 3)
5. After adjusting air, repeat hand check. **Hand checks should be performed at least once per shift and after repositioning.** Always follow your facility's protocol to ensure proper offloading is maintained.