

# Pressure Ulcer Risk Factor Chart

Risk Factor Consideration	Define Abnormality	Evaluation of Risk Factor	Diagnosis	Prognosis	Recommended Medical Care	Patient Choices	=	Specific Risk Care Plan	
Cognitive Status Note: Effects all of the other risk factors	Impaired Perception (Self-Care Syndrome)	<ul style="list-style-type: none"> <li>Alert, cooperative and oriented x 3 (person, time, place)</li> <li>ADLs (Activities of Daily Living)</li> <li>More sophisticated testing procedures</li> </ul>	Causative condition not just symptoms	Modifiable vs. Non-modifiable (Acute, sub-acute, chronic)	Define care based on medical standard of care with a goal and time frame	Inform, educate and assist patient or advocate about diagnosis, prognosis and options of care		Care Plan	
Mobilization and Ambulation	Less than normal mobilization and ambulation <ul style="list-style-type: none"> <li>Motor</li> <li>Sensory</li> </ul>	<ol style="list-style-type: none"> <li>History and Physical</li> <li>Progress Notes</li> <li>Nursing Notes</li> <li>Lab Tests</li> <li>X-Ray</li> <li>Consultant Evaluation</li> </ol>	↓	↓	↓	↓		Care Plan	
Nutrition and Hydration	Inadequate <ul style="list-style-type: none"> <li>protein/cal</li> <li>mineral/vitamin</li> <li>hydration</li> </ul>	↓	↓	↓	↓	↓		Care Plan	
Incontinence and/or moisture	<ul style="list-style-type: none"> <li>Excessive or not enough moisture</li> <li>Incontinence (urine, fecal)</li> <li>Wound drainage</li> <li>Perspiration</li> </ul>	↓	↓	↓	↓	↓		Care Plan	
General Medical Conditions and Medications	Medical conditions or medications being used that predispose the patient to pressure ulcer development	↓	↓	↓	↓	↓		Care Plan	
Existing Pressure Ulcer	Wound present upon admission or deep tissue injury	↓	↓	↓	↓	↓		Care Plan	
Previous Pressure Ulcer	Closed full thickness pressure ulcer or wound	↓	↓	↓	↓	↓		Care Plan	
Contact with medical devices (i.e., braces, orthotics, cannulas, tubing), and/or any object in contact with the body.	Wound caused by medical device and/or object.	↓	↓	↓	↓	↓		Care Plan	
Patient chooses not to accept all or part of the suggested medical treatment	<b>Document</b>	→							Care Plan

Specific Risk Care Plan + Appropriate Staffing + Appropriate Support Surface + Appropriate Lower Extremity Device **CREATES** an Individualized Care Plan