

Your First Line of Defense

Lower Extremity Guidelines

Level of Effectiveness (1 = Least Effective; 5 = Most Effective)	Protect Soft Tissue of Ankle and Foot	Maintain Skeletal Stability	Prevent Calf Distortion	Ambulates
Foot WAFFLE® Air Cushion	5	3	5	No Ambulation
WAFFLE® Heel Elevator	5	3	3	No Ambulation
FootHold®	5	4	3	5
FootHold® with Splint	5	5	3	5



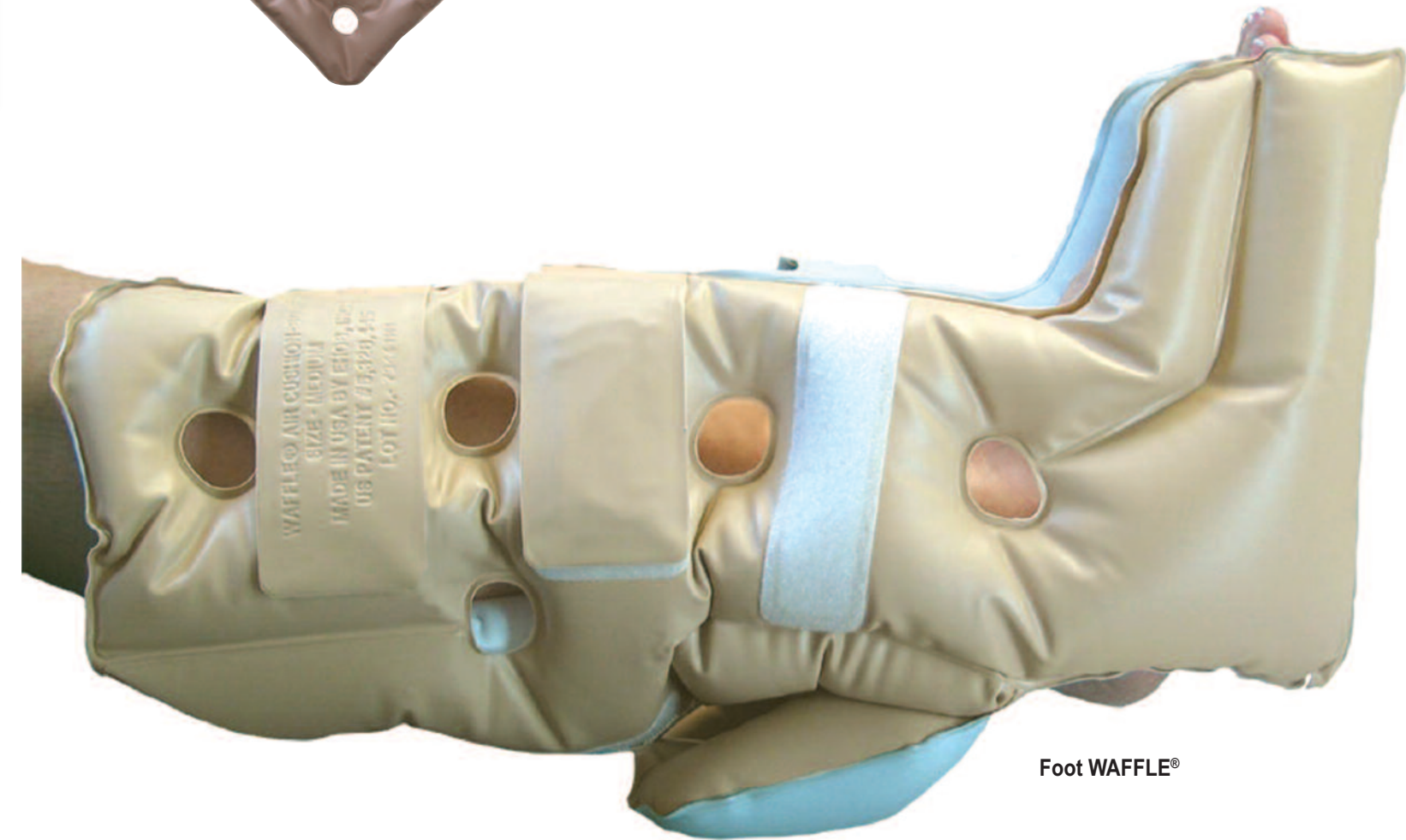
Ordering

Foot WAFFLE® (Case Qty. 6)	Product Code	Calf Circumference	Warranty
Small	303FW	10" - 11.5"	90 Day
Medium	304FW	12" - 14"	90 Day
Large	305FW	14.5" - 18"	90 Day
Heel Elevator	345CX	One Size Fits Most	90 Day

FootHold® (Case Qty. 4)	FootHold® with Secure Stick® Sole	FootHold®	FootHold® Plus	Warranty
Small	FH10-SMSS	FH10-SMXX	FH20-SMXX	30 Day
Medium	FH10-MDSS	FH10-MDXX	FH20-MDXX	30 Day
Large	FH10-LGSS	FH10-LGXX	FH20-LGXX	30 Day
Extra Large	FH10-XLSS	FH10-XLXX	FH20-XLXX	30 Day

FootHold® Sizing Chart	Small	Medium	Large	Extra Large	Extended Plus
Men's Shoe Size	5 - 6	7 - 8	9 - 10	11 - 12	13 - 14
Women's Shoe Size	6 - 7	8 - 9	10 - 11	12 - 13	14 - 15
Maximum Foot Length	9 inches	10 inches	11 inches	12 inches	13 inches

A full list of FootHold® Products can be found in EHOB's product catalog or on line: www.ehob.com
 Products may be hand washed or spot cleaned and air dried. Single patient use.
 All Products are Latex Free



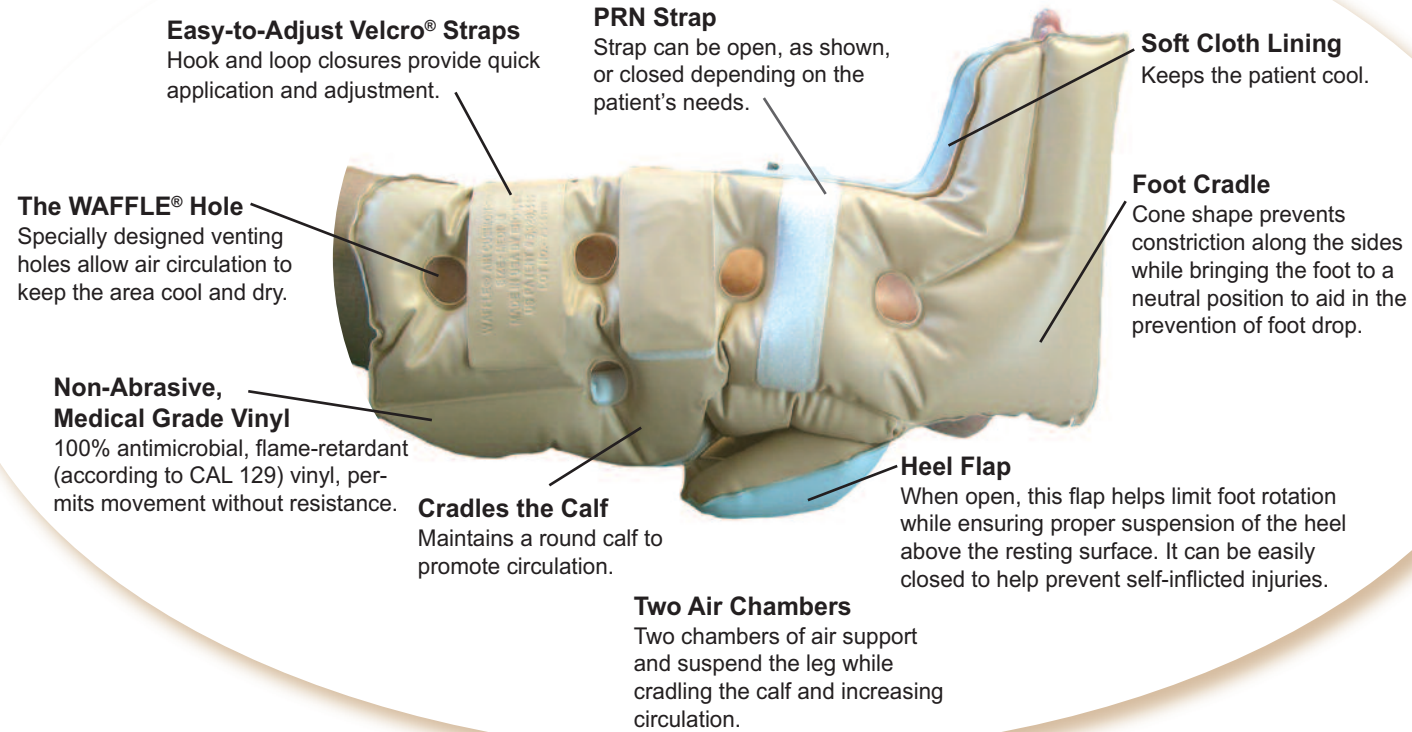
EHOB, Inc. • 250 N. Belmont Avenue • Indianapolis, IN 46222 800.899.5553
www.ehob.com • ISO 9001:2000 Registered • Made in USA

WAFFLE® is a registered trademark of EHOB, Inc. • U.S. Patent No. 5,328,445 and 5,265,293 • Foreign Patents Pending and Issued. • ©EHOB, Inc. 2009
 Velcro is a registered trademark for fasteners of the Velcro Companies.

FOOT-0209-502

Prevention and Treatment of Pressure Ulcers

Foot WAFFLE®



FootHold®



WAFFLE Heel Elevator®



Indications for Use

Prevention and Treatment of pressure ulcers.

FootHold® Plus



Pressure ulcers develop in less than 2 hours.

The earlier an individual is recognized to be at risk for skin breakdown, the better the chance there is for preventing a pressure ulcer.

Foot WAFFLE & Heel Elevator

"We have a protocol now where if a patient's Braden scale is below 18, we put them on a WAFFLE Overlay, place a WAFFLE Cushion on their chair and WAFFLE Boots on their feet - you're doing prevention right there. The WAFFLE Boot is very versatile and also can be used on the elbow and under the head" **Brenda Wessell, CWOON**

EHOB's Clinical Documentation:

EHOB is committed to clinical education and evidence-based studies that support the science of WAFFLE® Brand Products. Here are a few of our most recent independent studies.

Decreased Facility-Acquired Pressure Ulcers. Hospital acquired pressure ulcer rate reduced from 27 percent to zero percent in 3 years using the Foot WAFFLE® and WAFFLE® Heel Elevator and additional protocols. (**Hardy, J., Nolan, K. 4 North Action Plan for Heel Ulcers, St. Agnes Hospital, Baltimore Maryland, 2007**).

Pressure Ulcer Reduction. Based on the trial, the Foot WAFFLE® is implemented throughout the hospital. In five months, the heel nosocomial pressure ulcer rate decreases to 1.58% for the SICU and zero percent for the post surgical units. (**Jones, P., Payne, N. Heel Pressure Ulcer Prevention, Duke University Hospital, Durham, North Carolina, 2006**).

Visit www.ehob.com and check out the Clinical Guide for listings of all clinical studies.

