EHOB®
NON-ADHESIVE
COLOSTOMY
APPLIANCE
SYSTEM

INSTRUCTIONS FOR USE

U.S. Patent Number
4,319,571
Appliance System Description

The open-end colostomy appliance system consists of a pouch, belt, o-ring seal, and a scissor action drain tail closure. The closed-end colostomy appliance system consists of a pouch, belt, and o-ring seal. Combined, these elements provide an effective seal and fecal collection system that works equally well with retracted, flush, or protruding stomas. Without adhesives, a seal is formed by the belt exerting pressure on the o-ring placed against the skin surrounding the stoma. Application and removal of the appliance is simple and convenient.

Appliance System Identification
APPLYING THE EHOB® SYSTEM

Adjusting Belt Tension

1. Unhook the long end of belt from the seal flange (see Appliance System Identification).

2. Stretch the belt several times.

3. Apply the EHOB appliance over current appliance:
   a. with o-ring seal facing body, hold o-ring seal and pouch between thumb and palm of one hand;
   b. wrap the long end of the belt around and behind the waist (Figure 1);
   c. fasten the long end of the belt to the seal flange.

Figure 1
4. To achieve proper belt tension, release the belt adjuster locking latch. Loosen or tighten the belt to proper tension. Lock the latch (Figure 2).

![Diagram]

Figure 2
NOTE: For nighttime use, lie down and check the belt tension. Adjust, if necessary, by following step 4.

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**REMOVING OLD AND APPLYING NEW APPLIANCE**

It is recommended that two appliances be used interchangeably so that a fresh appliance can be applied every day.

1. On a daily basis, remove current appliance and wash skin area around stoma with soap and water (Figure 3).

![Diagram]

Figure 3

2. Rinse and towel dry.
NOTE: For use of special skin care products, see Skin Care, page 6.

3. Apply the EHOB appliance:
   a. with o-ring seal facing body, hold o-ring seal and pouch between thumb and palm;
   b. wrap long end of belt around and behind the waist;
   c. position the o-ring seal in place around the stoma (Figure 4);
   d. fasten the long end of the belt to the seal flange;
   e. position the belt according to your body size and shape (Figure 5).
4. After adjustment, surplus belt may be cut about two (2) inches from the adjuster.

5. Distribute belt tension evenly by sliding thumbs between the belt and the body from front to back (Figure 6).

![Figure 6](image)

**HELPFUL INFORMATION**

To reduce perspiration between the pouch and abdomen, underwear, cloth panels, or pouch covers may be worn under the pouch.

After wearing the EHOB appliance for a few days, the o-ring seal will create an indentation around the stoma. The indentation assists in maintaining the position of the seal around the stoma.
NOTE: Until the indentation forms, you may wish to place two strips of microporous or waterproof tape as close as possible to the seal flange, over the belt, and onto the abdominal skin (Figure 7). Taping the belt may be particularly helpful if:

a. you have a flush or retracted stoma;
b. you participate in very strenuous activities such as tennis, racquetball, swimming, jogging, etc.;
c. you perform heavy or strenuous work.

Figure 7

SKIN CARE

Daily cleaning of the peristomal skin is very important! During initial wearing period, persons having worn adhesive appliances prior to EHOB, or persons with sensitive skin may wish to use a commercial ostomy skin preparation or cream on the skin surrounding the stoma. Cream should be applied sparingly and rubbed in well. Ostomy paste may be used if necessary. No more than a pencil thin bead around the stoma should be required.
CLEANING INSTRUCTIONS

1. After each wearing, hand wash the belt and o-ring seal with mild soap and water.
2. Rinse the belt and o-ring seal well and hang to dry.
3. After each wearing, wash and rinse the pouch (performing each step one time only):
   a. with drain tail closed, fill pouch about 1/4 full with lukewarm water;
   b. add a small amount of liquid soap or preferred cleaner;
   c. gently slosh fluid in the pouch;
   d. allow the solution to soak for 15-20 minutes by laying pouch on the counter with seal flange facing up;
   e. remove drain tail closure and drain soapy water, or empty through the seal flange;
   f. secure the drain tail and fill the pouch about 1/4 full with lukewarm water;
   g. rinse the pouch by repeating step 3c;
   h. drain the pouch by repeating step 3e;
   i. hang to dry.

HELPFUL INFORMATION

If an odor persists after washing the appliance, you may wish to deodorize the seal or pouch with a commercial ostomy deodorizer.

For cleaning convenience, remove and wash appliance parts while you are taking a shower.
NIGHT USE
When lying down your waist size may become smaller. Lie down to check the belt tension. Adjust, if necessary, by following step 4 under Adjusting Belt Tension, page 3.

RECOMMENDED WEARING TIME
With proper care, appliances may be worn 10 to 14 days. Wearing times may vary depending on body metabolism. It is recommended that two appliances be used interchangeably so that a fresh appliance can be applied daily.

TO RELEASE GAS FROM POUCH
To release trapped gas from pouch, carefully grasp o-ring/seal and pull top of seal away from skin to allow gas to escape.