

Pressure Ulcer Risk Factor Chart

| Risk Factor Consideration | Define Abnormality | Evaluation of Risk Factor | Diagnosis | Prognosis | Recommended Medical Care | Patient Choices | = | Specific Risk Care Plan |
|---|---|--|---------------------------------------|---|--|---|---|-------------------------|
| Cognitive Status Note: Effects all of the other risk factors | Impaired Perception (Self-Care Syndrome) | ADLs (Activities of Daily Living) | Causative condition not just symptoms | Modifiable vs. Non-modifiable (Acute, sub-acute, chronic) | Define care based on medical standard of care with a goal and time frame | Inform, educate and assist patient or advocate about diagnosis, prognosis and options of care | | Care Plan |
| Mobilization and Ambulation | Less than normal mobilization and ambulation • Motor • Sensory • Cognitive | 1. History and Physical 2. Progress Notes 3. Nursing Notes 4. Lab Tests 5. X-Ray 6. Consultant Evaluation | ↓ | ↓ | ↓ | ↓ | | Care Plan |
| Nutrition and Hydration | Inadequate • protein/cal • mineral/vitamin • hydration | ↓ | ↓ | ↓ | ↓ | ↓ | | Care Plan |
| Incontinence and/or moisture | • Excessive or not enough moisture • Incontinence (urine, fecal) • Wound drainage • Perspiration | ↓ | ↓ | ↓ | ↓ | ↓ | | Care Plan |
| General Medical Conditions and Medications | Medical conditions or medications being used that predispose the patient to pressure ulcer development | ↓ | ↓ | ↓ | ↓ | ↓ | | Care Plan |
| Existing Pressure Ulcer | Wound present upon admission or deep tissue injury | ↓ | ↓ | ↓ | ↓ | ↓ | | Care Plan |
| Previous Pressure Ulcer | Closed full thickness pressure ulcer or wound | ↓ | ↓ | ↓ | ↓ | ↓ | | Care Plan |

Specific Risk Care Plan + Appropriate Support Surface + Appropriate Lower Extremity Device **CREATES** an Individualized Care Plan